

public swimming times

Bexhill Leisure Pool

Accurate as of 24/04/2026

Times for Wednesday 6 November



| Time | Session | Facility |
|---------------------|--------------------|---------------------|
| 6:30 am - 9:00 am | Adult Lanes | Indoor Pool (25.0m) |
| 9:00 am - 10:00 am | Aqua Aerobics | Indoor Pool (25.0m) |
| 10:00 am - 12:00 pm | Open Swim (1 lane) | Indoor Pool (25.0m) |
| 12:00 pm - 2:00 pm | Lane Swimming | Indoor Pool (25.0m) |
| 2:00 pm - 3:30 pm | Open Swim | Indoor Pool (25.0m) |
| 3:30 pm - 6:00 pm | Swim School | Indoor Pool (25.0m) |
| 6:00 pm - 7:00 pm | Open Swim (1 lane) | Indoor Pool (25.0m) |
| 7:00 pm - 9:00 pm | Adult Lanes | Indoor Pool (25.0m) |