

public swimming times

Bexhill Leisure Pool

Accurate as of 24/04/2026

Times for Friday 8 November



Time	Session	Facility
6:30 am - 9:00 am	Adult Lanes	Indoor Pool (25.0m)
9:00 am - 10:00 am	Aqua Aerobics	Indoor Pool (25.0m)
10:00 am - 12:00 pm	Open Swim (1 lane)	Indoor Pool (25.0m)
12:00 pm - 2:00 pm	Lane Swimming	Indoor Pool (25.0m)
2:00 pm - 4:00 pm	Open Swim	Indoor Pool (25.0m)
4:00 pm - 7:00 pm	Splashdance	Indoor Pool (25.0m)
7:00 pm - 8:00 pm	Open Swim (2 lanes)	Indoor Pool (25.0m)