

# public swimming times

## Hailsham Leisure Centre

Accurate as of 21/05/2026

### Times for Wednesday 6 May



Time	Session	Facility
6:30 am - 9:00 am	Adult Lanes	indoor pool (25m)
9:00 am - 10:30 am	Open Swim	indoor pool (25m)
9:30 am - 10:30 am	Swim School	teaching pool (5m)
10:30 am - 11:15 am	GP Referral Aqua	indoor pool (25m)
11:30 am - 1:00 pm	Lane Swimming	indoor pool (25m)
12:30 pm - 3:00 pm	Toddler Splash (Parent & Under 5 yrs)	teaching pool (5m)
1:00 pm - 1:45 pm	Aqua Aerobics	indoor pool (25m)
1:45 pm - 3:30 pm	Open Swim	indoor pool (25m)
3:45 pm - 6:45 pm	Swim School	indoor pool (25m)
6:45 pm - 8:30 pm	Open Swim (1 lane)	indoor pool (25m)
8:30 pm - 10:00 pm	Lane Swimming	indoor pool (25m)