

# public swimming times

## Hailsham Leisure Centre

Accurate as of 01/10/2026

| Times for Friday 2 October |                         |                    |  |
|----------------------------|-------------------------|--------------------|-------------------------------------------------------------------------------------|
| Time                       | Session                 | Facility           |                                                                                     |
| 6:30 am - 8:45 am          | Adult Lanes             | indoor pool (25m)  |                                                                                     |
| 9:00 am - 11:15 am         | School Swimming         | indoor pool (25m)  |                                                                                     |
| 11:15 am - 12:15 pm        | Open Swim               | indoor pool (25m)  |                                                                                     |
| 12:15 pm - 1:15 pm         | Lane Swimming           | indoor pool (25m)  |                                                                                     |
| 1:15 pm - 2:45 pm          | School Swimming         | indoor pool (25m)  |                                                                                     |
| 2:45 pm - 3:30 pm          | Open Swim               | indoor pool (25m)  |                                                                                     |
| 3:45 pm - 6:45 pm          | Swim School             | teaching pool (5m) |                                                                                     |
| 6:45 pm - 10:00 pm         | Open Swim               | indoor pool (25m)  |                                                                                     |
| 7:00 pm - 8:30 pm          | Slide / Flume Available | Flume Pool (5.0m)  |                                                                                     |