

# public swimming times

## Hailsham Leisure Centre

Accurate as of 01/10/2026

### Times for Tuesday 6 October



| Time                | Session                               | Facility           |
|---------------------|---------------------------------------|--------------------|
| 6:30 am - 9:00 am   | Adult Lanes                           | indoor pool (25m)  |
| 9:00 am - 10:30 am  | Open Swim (1 lane)                    | indoor pool (25m)  |
| 9:00 am - 12:00 pm  | Swim School                           | teaching pool (5m) |
| 10:30 am - 11:15 am | Aqua Aerobics                         | indoor pool (25m)  |
| 11:15 am - 12:15 pm | Open Swim                             | indoor pool (25m)  |
| 12:00 pm - 1:00 pm  | Toddler Splash (Parent & Under 5 yrs) | teaching pool (5m) |
| 12:15 pm - 1:15 pm  | Lane Swimming                         | indoor pool (25m)  |
| 1:30 pm - 2:30 pm   | School Swimming                       | indoor pool (25m)  |
| 2:45 pm - 3:30 pm   | Open Swim                             | indoor pool (25m)  |
| 3:45 pm - 6:30 pm   | Swim School                           | indoor pool (25m)  |
| 6:30 pm - 7:00 pm   | Adult Lessons                         | indoor pool (25m)  |
| 7:00 pm - 8:30 pm   | Open Swim (1 lane)                    | indoor pool (25m)  |
| 8:30 pm - 10:00 pm  | Lane Swimming                         | indoor pool (25m)  |