

public swimming times

Hailsham Leisure Centre

Accurate as of 01/10/2026

Times for Wednesday 7 October			
Time	Session	Facility	
6:30 am - 9:00 am	Adult Lanes	indoor pool (25m)	
9:00 am - 10:30 am	Open Swim	indoor pool (25m)	
9:30 am - 10:30 am	Swim School	teaching pool (5m)	
10:30 am - 11:15 am	GP Referral Aqua	indoor pool (25m)	
11:30 am - 1:00 pm	Lane Swimming	indoor pool (25m)	
12:30 pm - 3:00 pm	Toddler Splash (Parent & Under 5 yrs)	teaching pool (5m)	
1:00 pm - 1:45 pm	Aqua Aerobics	indoor pool (25m)	
1:45 pm - 3:30 pm	Open Swim	indoor pool (25m)	
3:45 pm - 6:45 pm	Swim School	indoor pool (25m)	
6:45 pm - 8:30 pm	Open Swim (1 lane)	indoor pool (25m)	
8:30 pm - 10:00 pm	Private Hire	indoor pool (25m)	