


public swimming times

Uckfield Leisure Centre

Accurate as of 13/05/2025

Times for Monday 3 April			
Time	Session	Facility	
6:00 am - 8:30 am	Lane Swimming	Leisure Pool (25m)	
8:30 am - 11:00 am	Swim School	Leisure (25m) & Splash (5m)	
11:00 am - 12:00 pm	Open Swim	Leisure Pool (25m)	
12:00 pm - 3:00 pm	Open Swim + Flume	Leisure (25m) & Splash (5m)	
3:00 pm - 5:00 pm	Open Swim	Leisure Pool (25m)	
5:00 pm - 6:30 pm	Open Swim (1 lane)	Leisure Pool (25m)	
6:30 pm - 7:30 pm	Lane Swimming	Leisure Pool (25m)	
7:30 pm - 8:15 pm	Aqua Aerobics	Leisure Pool (25m)	
8:15 pm - 9:30 pm	Lane Swimming	Leisure Pool (25m)	