

public swimming times

Uckfield Leisure Centre

Accurate as of 22/04/2026

Times for Tuesday 28 April



Time	Session	Facility
6:30 am - 9:00 am	Lane Swimming	Leisure Pool (25m)
9:00 am - 10:00 am	Aqua Aerobics	Leisure (25m) & Splash (5m)
10:00 am - 12:30 pm	School Swimming	Leisure Pool (25m)
10:00 am - 12:30 pm	Open Swim (shared use)	Leisure Pool (25m)
10:15 am - 11:15 am	Aqua Rehab Course	Leisure (25m) & Splash (5m)
12:30 pm - 1:30 pm	Lane Swimming	Leisure Pool (25m)
1:30 pm - 3:30 pm	Open Swim (1 lane)	Leisure Pool (25m)
3:45 pm - 6:15 pm	Swim School	Leisure (25m) & Splash (5m)
6:15 pm - 7:30 pm	Open Swim	Leisure Pool (25m)
6:30 pm - 7:00 pm	Adult Lessons	Leisure Pool (25m)
7:30 pm - 9:30 pm	Lane Swimming	Leisure Pool (25m)