

public swimming times

Woking Leisure Centre / Pool In The Park

Accurate as of 02/10/2026

Times for Monday 5 October



Time	Session	Facility
6:00 am - 8:00 am	Lane Swimming (shared use)	Competition Pool
8:00 am - 9:30 am	Lane Swimming	Competition Pool
9:30 am - 10:00 am	Lane Swimming (shared use)	Competition Pool
10:00 am - 10:45 am	Aqua Aerobics	Competition Pool
10:00 am - 11:00 am	Lane Swimming (2 lanes)	Competition Pool
10:30 am - 11:30 am	Parent & Toddler Splash	Leisure Lagoon
11:00 am - 2:30 pm	Open Swim (shared use)	Competition Pool
11:30 am - 12:30 pm	Parent & Toddler Splash	Leisure Lagoon
12:30 pm - 1:30 pm	Open Swim	Teaching Pool
2:00 pm - 2:45 pm	Aqua Aerobics	Leisure Lagoon
2:30 pm - 4:00 pm	Adult Lanes	Competition Pool
3:00 pm - 6:00 pm	Open Swim	Leisure Lagoon
4:00 pm - 7:30 pm	Lane Swimming (2 lanes)	Competition Pool
7:30 pm - 10:00 pm	Adults Only (Shared Use)	Competition Pool