# public swimming times

## Woking Leisure Centre / Pool In The Park

**Accurate as of 16/11/2026**

### Times for Monday 16 November

| Time | Session | Facility |
|---|---|---|
| 6:00 am - 8:00 am | Lane Swimming (shared use) | Competition Pool |
| 8:00 am - 9:30 am | Lane Swimming | Competition Pool |
| 9:30 am - 10:00 am | Lane Swimming (shared use) | Competition Pool |
| 10:00 am - 10:45 am | Aqua Aerobics | Competition Pool |
| 10:00 am - 11:00 am | Lane Swimming (2 lanes) | Competition Pool |
| 10:30 am - 11:30 am | Parent & Toddler Splash | Leisure Lagoon |
| 11:00 am - 2:30 pm | Open Swim (shared use) | Competition Pool |
| 11:30 am - 12:30 pm | Parent & Toddler Splash | Leisure Lagoon |
| 12:30 pm - 1:30 pm | Open Swim | Teaching Pool |
| 2:00 pm - 2:45 pm | Aqua Aerobics | Leisure Lagoon |
| 2:30 pm - 4:00 pm | Adult Lanes | Competition Pool |
| 3:00 pm - 6:00 pm | Open Swim | Leisure Lagoon |
| 4:00 pm - 7:30 pm | Lane Swimming (2 lanes) | Competition Pool |
| 7:30 pm - 10:00 pm | Adults Only (Shared Use) | Competition Pool |