

Fitness Class Timetable

McLaren Leisure

Accurate as of 02/05/2024

Times for Tuesday 22 September				
Time	Session	Facility	Instructor	Type
18:15 - 19:15	Aqua Therapy	Indoor Pool	Lynn	Swimming
19:30 - 20:30	Daisy Birthing Classes	Studio 2	Jane Jephcott	Adult Classes
19:30 - 21:00	Badminton Club	Main Hall		Adult Classes