

Fitness Class Timetable

McLaren Leisure

Accurate as of 06/05/2024

Times for Tuesday 30 April



| Time | Session | Facility | Instructor | Type |
|---------------|------------------------|-------------|---------------|---------------|
| 18:15 - 19:15 | Aqua Therapy | Indoor Pool | Lynn | Swimming |
| 19:30 - 20:30 | Daisy Birthing Classes | Studio 2 | Jane Jephcott | Adult Classes |
| 19:30 - 21:00 | Badminton Club | Main Hall | | Adult Classes |