

# South Woodham Ferrers Swimming Timetable

## South Woodham Ferrers Leisure Centre

Accurate as of 09/05/2025

Times for Tuesday 31 January			
Time	Session	Facility	
06:30 - 07:30	Lane Swim	Swimming Pool	
07:45 - 08:45	Lane Swim	Swimming Pool	
09:00 - 10:45	Schools	Swimming Pool	
09:30 - 10:30	Aqua Deep	Swimming Pool	
10:45 - 12:00	Disability Session	Swimming Pool	
12:05 - 13:25	Lunchtime Lane Swim	Swimming Pool	
13:30 - 15:00	Adult Lessons	Swimming Pool	
15:30 - 18:30	Junior Lessons	Swimming Pool	
18:30 - 20:00	Swimming Club	Swimming Pool	
18:45 - 20:15	Anytime lane swim	Swimming Pool	
20:20 - 21:30	Anytime Lane Swim (Fin & Paddle)	Swimming Pool	