


# South Woodham Ferrers Swimming Timetable

## South Woodham Ferrers Leisure Centre

Accurate as of 22/06/2025

Times for Wednesday 5 April			
Time	Session	Facility	
06:30 - 07:30	Lane Swim -2 double lanes available	Swimming Pool	
07:45 - 08:45	Public lane swim (3 lanes)	Swimming Pool	
09:00 - 11:00	Anytime Public & Lane Swim (17m)	Swimming Pool	
11:00 - 12:00	Aqua Fitness	Swimming Pool	
12:05 - 13:25	Lunchtime Lane Swim	Swimming Pool	
14:00 - 15:00	Family Fun	Swimming Pool	
15:30 - 18:15	Junior Lessons	Swimming Pool	
18:30 - 20:00	Anytime lane swim	Swimming Pool	
20:05 - 21:05	Aqua Fitness	Swimming Pool	