

South Woodham Ferrers Swimming Timetable

South Woodham Ferrers Leisure Centre

Accurate as of 02/05/2026

Times for Tuesday 2 September



| Time | Session | Facility |
|---------------|----------------------------------|---------------|
| 06:30 - 07:30 | Lane Swim | Swimming Pool |
| 07:45 - 08:45 | Lane Swim | Swimming Pool |
| 09:00 - 10:45 | Schools | Swimming Pool |
| 09:30 - 10:30 | Aqua Deep | Swimming Pool |
| 10:45 - 12:00 | Disability Session | Swimming Pool |
| 12:05 - 13:25 | Lunchtime Lane Swim | Swimming Pool |
| 13:30 - 15:00 | Adult Lessons | Swimming Pool |
| 15:30 - 18:30 | Junior Lessons | Swimming Pool |
| 18:30 - 20:00 | Swimming Club | Swimming Pool |
| 18:45 - 20:15 | Anytime lane swim | Swimming Pool |
| 20:20 - 21:30 | Anytime Lane Swim (Fin & Paddle) | Swimming Pool |