

# South Woodham Ferrers Swimming Timetable

## South Woodham Ferrers Leisure Centre

Accurate as of 02/05/2026

### Times for Friday 5 September



Time	Session	Facility
06:15 - 07:30	Swimming Club	Swimming Pool
06:30 - 07:30	Lane Swim	Swimming Pool
07:45 - 08:45	Lane Swim	Swimming Pool
09:00 - 10:00	Schools	Swimming Pool
09:15 - 11:45	Pre School Lessons	Swimming Pool
10:05 - 12:00	Anytime Public & Lane Swim (17m)	Swimming Pool
12:05 - 13:25	Lunchtime Lane Swim	Swimming Pool
13:30 - 14:30	Schools	Swimming Pool
14:30 - 15:15	Aqua Aerobics	Swimming Pool
14:35 - 15:25	Anytime Public & Lane Swim (17m)	Swimming Pool
15:30 - 18:30	Junior Lessons	Swimming Pool
18:45 - 20:00	Anytime Public & Lane Swim	Swimming Pool
18:45 - 20:45	Swimming Club	Swimming Pool
20:05 - 21:30	Anytime lane swim	Swimming Pool