

# South Woodham Ferrers Swimming Timetable

## South Woodham Ferrers Leisure Centre

Accurate as of 01/05/2026

### Times for Thursday 7 May



Time	Session	Facility
06:15 - 07:15	Swimming Club	Swimming Pool
06:30 - 07:30	Lane Swim	Swimming Pool
07:45 - 08:45	Lane Swim Fin & Paddle	Swimming Pool
09:00 - 11:00	Schools	Swimming Pool
09:15 - 11:45	Pre School Lessons	Swimming Pool
11:00 - 12:00	Schools	Swimming Pool
12:05 - 13:25	Lunchtime Lane Swim	Swimming Pool
13:30 - 14:30	Pre School Lessons	Swimming Pool
13:30 - 16:00	Schools	Swimming Pool
16:05 - 16:55	Anytime Public & Lane Swim	Swimming Pool
17:00 - 17:45	Anytime lane swim	Swimming Pool
17:00 - 18:30	Swimming Club	Swimming Pool
17:45 - 18:30	Lane Swim	Swimming Pool
18:45 - 19:45	Aqua Aerobics	Swimming Pool
18:45 - 21:00	Scuba Diving	Swimming Pool
21:00 - 22:00	Staff Training	Swimming Pool