## exercise class programme Summerfields Leisure Centre

## Accurate as of 04/07/2025

| Times for Sunday 30 January |         |              |            |       | • |
|-----------------------------|---------|--------------|------------|-------|---|
| Time                        | Session | Facility     | Instructor | Level |   |
| 9:00 am - 10:00 am          | Zumba   | dance studio | Cica       |       |   |