

exercise class programme

Moulsecoomb Community Leisure Centre

Accurate as of 20/05/2024

Times for Tuesday 23 April



Time	Session	Facility	Instructor	Level
6:00 pm - 6:45 pm	Body Max.	Dance Studio	Sharon D	all levels
7:00 pm - 7:30 pm	Stretch & Core	Dance Studio	Sharon D	all levels