

exercise class programme

Moulsecoomb Community Leisure Centre

Accurate as of 19/05/2024

Times for Wednesday 24 April



Time	Session	Facility	Instructor	Level
6:00 pm - 6:45 pm	Freedom Indoor Cycling	Small Cycling Studio	Elle	all levels
7:00 pm - 7:45 pm	DanceFit	Dance Studio	Elle	all levels